2:Scott G-5 (1870's-1909)1910 AP1 Burma
Burmese AP4



846 757 she is made to smell samôn-net, a plant (the *Nigella sativa*), which is put in an earthen pot, strongly heated, and then triturated into the shape of a ball. The odour is not exactly such as one would recognise as calculated to exhilarate any one, but probably after the hot bricks and the se sein everything else comes as a matter of detail. All this is done to drive out the noxious humours which are supposed to be generated by the birth of a child. On the seventh day the woman takes an elementary kind of Turkish bath. She sits over a large jar of boiling water, medicated with tamarind twigs and a few other kinds of leaves and grasses, with a blanket over her. After about an hour of this she has a cold bath, and is then free to do as she pleases. She usually goes to bed.

165 846 177·84 184 It might be supposed that under this treatment death in child-bearing would be very frequent, but as far as imperfect statistics can show the percentage is not much higher than in other countries. The result, however, appears in another way. A woman ages up ten or fifteen years for every child she has. It is satisfactory to notice that in all the larger towns in Lower Burma the more unpleasant features are fading away before the example and influence of women of other nationalities. In the jungle and in Upper Burma, however, ancient use and wont still prevail, and the young mother of fourteen or fifteen is shrivelled into thirty with her first baby.

● 845 If a woman gives birth to a still-born child, a piece of iron is placed in the cloth in which the body is wrapped, or in the coffin if there is one, and at the burial some member of the family says some such formula as "Never more return into thy mother's womb till this metal becomes soft as down."

[775] If a married woman dies before bearing a child (alôn hnin the-thi), a Cæsarean operation is performed, and the alôn is buried in some secret place. The reason alleged for this is, that were it not done, the husband in future existences would marry this woman again, and she would die in the same way. 845 754 Were the embryo not secretly buried it would be disinterred by hmaw-sayās, necromancers, and wizards, who would make evil uses of it. Children's cauls are as highly thought of by Burmans as they are by English

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sailors; only where the tar thinks he will be saved from drowning, the Turanian expects to gain the patronage of any great person he may address.

The infant having survived and the mother recovered from her roasting, the next thing to be done is to name the child. This usually happens about a fortnight after the birth. A fortunate day and hour is sought out by some Brahmin astrologer, or a sayā of lesser note, if there is no such dignitary in the neighbourhood. A great feast, as elaborate as the wealth or the ambition and borrowing capacities of the parents admit, is prepared, and all the friends of the family and the neighbours are invited to come. The child's head is usually washed for the first time on this day. The ceremony is therefore called kin-bôn tat thi. A decoction of the pods and bark of the soap acacia (*Acacia rugata*) or kin-bôn is prepared, and with this the midwife washes the infant's head and the guests wash their hands. Most of them bring friendly contributions towards the feast, or perhaps a little money. The mother sits down in the centre of the circle with the infant in her arms, and near her is the father. The company sit gravely smoking and chewing betel for a time, and then some elder, or a near relation of the parents, seems struck with a name, and suggests it aloud. Everybody accepts it on the spot, and falls to discussing the aptness of the name and the accomplishments and virtues of people they have known with that appellation. This is, however, all a pre-arranged thing. The father and mother have settled beforehand what the child is to be called, and have apprised the lu-gyi selected what is to be the result of his cogitations. The midwife then gets a present according to the means of the family, having previously, after the seven days' roasting, received the regulation fee of one pyi, the sixteenth of a basket of husked rice, one mat, and a four anna bit. Then everybody adjourns to the feast, which, with the dessert of le'-pet, salted ginger cut into small strips, ground nuts, fried garlic, the invariable betel apparatus, cheroots, and what not, pass the time till nightfall, when, except in the case of poor people, there is always a pwè which carries on proceedings till the next morning.

of milk. She is not permitted to read, sew, or to do anything that will 'arouse or stir the blood.' 846

Omens are read from the position of mongoloid spots on the newborn baby's body. They are said to represent marks put on in a previous existence and their presence proves that the child was then a human being. A blue spot on the foot presages a life of travel. Any marks leading from the right shoulder to the left hip, the line that the royal riband takes, traditionally indicated a royal future; today, however, in the absence of royalty in Burma, such marks merely forecast a 'great' future for the child. 787 845

A child is constantly watched from the time of birth for signs of whose reincarnation it represents. This is a constant topic in the family conversations. 775

Any disfigurement in a newborn child is regarded as a carry-over of the parents' store of demerit, as well as the child's, from earlier existences. It is regarded with a sense of shame and sorrow.

Although multiple births are neither preferred nor desired, they are not looked upon with any marked anxiety nor are there any supernatural means employed to prevent them. 854 751

A number of things are done by parents to protect the newborn baby from malevolent influences. Before it is a month old, a tiger bone should be ground on a stone, together with a little water, and mixed with honey. This is fed to the child to ward off a mysterious infant illness associated with the tiger. A connection is believed to exist between the tiger and convulsions; some parents place a tiger skin under the mattress of the baby's bed to guard against such illness. A knife similarly placed is said to protect against illness in general.

To insure good health and well-being for the child, a white thread over which certain prayers have been recited may be given by a Buddhist monk and tied around the baby's wrists. People should refrain from making admiring remarks about a baby's growth; if they do so, the thread may be left on the baby's wrists to neutralize the harm that may come.

When the stump of the child's umbilical cord has dried and fallen off, it is kept and used as a medicine for any illness that befalls the child. A little of it is ground up and mixed with water for such purposes. [846]

A very close connection is believed to exist between mother and child during the nursing period. Certain observances are necessary. The mother must not eat tomatoes at this time, for they may appear in the baby's stools; for the same reason, she must abstain from green vegetables. Any falling out of her hair during the nursing stage is said to be caused by bubbles blown into her by the suckling baby. To prevent the milk supply from drying up, the nursing mother avoids fruits of astringent quality, such as pomegranates and buds of the banyan. She must also take care not to allow milk to fall on the floor and dry. 853

The baby is weaned very gradually, beginning at the age of about nine months to a year in most cases, although some children may be given the breat occasionally up to the age of two or three years. Weaning is facilitated by the mother's application of a bitter substance to her breasts. 862

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775 826 A child is constantly watched from the time of birth for signs of whose reincarnation it represents. This is a constant topic in the family conversations.

Any disfigurement in a newborn child is regarded as a carry-over of the parents' store of demerit, as well as that of the child, from previous existences. It is regarded with a sense of shame and sorrow.

● 845 Although multiple births are neither preferred nor desired, they are not looked upon with any marked anxiety nor are there any supernatural means employed to prevent them.

766 In the event of a stillborn baby, the corpse is given special treatment. It is kept in a case, clothed and powdered, and a tray of food is set in front of it every day. It is considered auspicious to care for a stillborn child in this manner: the spirits will guide the parents in their dreams toward the attainment of material prosperity.

751 854 [825] [753] For the normal baby who survives, a number of things are done by Burmese parents to protect it from malevolent influences. Before it is a month old, a tiger bone is ground on a stone, together with a little water, and mixed with honey. This is fed to the child to ward off a mysterious infant illness associated with the tiger. A connection is believed to exist between the tiger and convulsions; some parents place a tiger skin under the mattress of the baby's bed to guard against such illness. A knife placed under the baby's mattress is said to protect against illness in general.

To insure good health and well-being for the child, a white thread over which certain *mantras* have been recited may be given by a Buddhist monk and tied around the baby's wrists. Should a baby be admired by people for its growth, the thread may be left on to neutralize the harm that is believed to result from such expressions.

[278] When the child's umbilical cord has dried and fallen off, it is kept and used as a medicine for any illness that befalls the child. A little of it is ground up and mixed with water for such purposes.

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